

**7<sup>th</sup>**  
**Annual**  
**West Seneca West**  
**Indians-Lady Indians**  
**Early-Bird**  
**Track Classic**  
  
*Home*  
*of*  
*This Years*  
*Section VI- State Qualifier*  
*Outdoor*  
*Track & Field*  
*Championships*

Dear Track & Field Coaches:

You are cordially invited to participate in the 7<sup>th</sup> Annual Indians-Lady Indians Early-Bird Track Classic on Saturday, April 30, 2022 at West Seneca West's Brand New Sports Complex.

**FACILITIES:** The Track is a **Brand New Eight Lane**, 400 meter, all-weather rubberized surface, two rubberized runways and two concrete throwing circles along with a **Steeplechase Pit**. The track and runways will accommodate ¼ inch spikes - no spikes protruding more than ¼ inch will be allowed. The track is extremely fast. **ONLY WEST SENECA WEST STARTING BLOCKS.**

**AWARDS:** **GOLD, SILVER AND BRONZE MEDALS TO THE FIRST THREE PLACES IN EACH EVENT INCLUDING THE RELAYS. TEAM TROPHIES TO THE TOP THREE BOYS & GIRLS TEAMS WITH THE HIGHEST SCORE PLUS ONE COMBINED TEAM TROPHY SCORING: (10-8-6-5-4-3-2-1).**

**ENTRIES:** All athletes, boys & girls, may do four events. Each team may enter **TWO ATHLETES** in any event. Each team is limited to one relay team per relay event.

All entries are to be done online via [www.nymilesplit.com](http://www.nymilesplit.com) – David Reinhardt's website use – [www.trackqua.com](http://www.trackqua.com)

**Entry Deadline is Thursday, April 28<sup>th</sup> at 8:00 PM.** Coaches are strongly encouraged to make any and all changes to their entries before the day of the meet. No additions will be added on the day of the meet.

Scratch sheets are to be picked up at the Timing-Tent by the Finish Line area upon arrival into the complex. Coaches are asked to make scratches on the sheets then return them to the timing tent at the finish-line.

**RESULTS:** Reinhardt's Timing & Results Services will be using Finish-Lynx Fully Automatic Timing and Hy-Tek's Meet Manager to produce fast, accurate results.

Real Time Results will be posted on the Reinhardt's Timing web-site ([www.trackqua.com](http://www.trackqua.com)) while the meet is in progress. Also, a full set of results will be sent to [Armorytrack.com](http://Armorytrack.com). Upon request, Reinhardt's Timing will e-mail results to newspapers outside of the Buffalo area.

**FEES:**

\$225 for either boys or girls team, or \$350.00 for both. For small numbers, \$25.00 per individual athlete, per event. Make checks or vouchers out to: **WEST SENECA CENTRAL SCHOOL DISTRICT** and send to:

West Seneca Central Schools  
Athletic Department  
C/O MaryKay Biddle  
1445 Center Road  
West Seneca, NY 14224

**REMINDERS:**

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Any further questions or concerns, please contact me ASAP!

**E-Mail:**

[Pszymanski698@gmail.com](mailto:Pszymanski698@gmail.com)

Phone: 716-480 - 2333 – Cell #

or

[Brian.kader@gmail.com](mailto:Brian.kader@gmail.com)

Phone: (716) 725 - 3774 – Cell #

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**Order of Events**

9:15 AM Coaches Meeting  
9:45 AM Girls: Pole Vault, High Jump, Shot Put  
Boys: Long Jump, Discus  
Followed By:  
Boys: Pole Vault, High Jump, Shot Put  
Girls: Long Jump, Discus  
Triple Jump will be contested after completion of Long Jump

**Note:** We will be doing the Pentathlon for both Boys & Girls

All  
Track Events  
Girls  
Followed  
By  
Boys

9:45 AM	100 Meter High Hurdles – Girls Pentathlon
10:00 AM	110 Meter High Hurdles – Boys Pentathlon
10:10 AM	110 Meter High Hurdles – Boys – Timed Final
10:15 AM	100 Meter High Hurdles – Girls – Timed Final
10:30 AM	2000 Meter Steeplechase – Girls – Timed Final
10:45 AM	3000 Meter Steeplechase – Boys – Timed Final
11:00 AM	200 Meter – Girls – Timed Final
11:15 AM	200 Meter – Boys – Timed Final
11:30 AM	800 Meter - Girls - Finals
11:50 AM	800 Meter - Boys - Finals
12:05 AM	1500 Meter Race-Walk – Girls Only – Timed Final
12:20 AM	4 x 100 Meter Relay – Girls – Timed Final
12:35 PM	4 x 100 Meter Relay – Boys – Timed Final
12:50 PM	1500 Meter Run – Girls – Timed Final
1:05 PM	Double One Lap Relay – Girls – Timed Final
1:20 PM	Double One Lap Relay – Boys – Timed Final
1:35 PM	1600 Meter Run – Boys – Timed Final
1:50 PM	4 x 400 Meter Relay – FROSH-SOPH – Girls – Timed Final
1:05 PM	4 x 400 Meter Relay – FROSH-SOPH – Boys – Timed Final
1:20 PM	100 Meter – Girls – Timed Final
2:35 PM	100 Meter – Boys – Timed Final
2:50 PM	3000 Meter Run – Girls – Timed Final
3:05 PM	3200 Meter Run – Boys – Timed Final
3:40 PM	400 Intermediate Hurdles – Girls – Timed Final
3:30 PM	400 Intermediate Hurdles – Boys – Timed Final
3:40 PM	400 Meters – Girls – Timed Final
3:55 PM	400 Meters – Boys – Timed Final
4:00 PM	800 Meters – Pentathlon – Girls
4:10 PM	1500 Meters – Pentathlon - Boys
4:20 PM	4 x 800 Meter Relay – Girls – Timed Final
4:35 PM	4 x 800 Meter Relay – Boys Timed Final
4:45 PM	Presentation of Team Awards

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# ENTRY AND CONFIRMATION

\_\_\_\_\_ SCHOOL WILL ATTEND THE  
7<sup>th</sup> ANNUAL INDIANS-LADY INDIANS EARLY-BIRD INVITATIONAL ON  
SATURDAY, APRIL 30<sup>th</sup>, 2022.

**PLEASE REGISTER:**

\_\_\_\_\_ \$350 for both Male and Female Teams

\_\_\_\_\_ \$225 – Male Team Only

\_\_\_\_\_ \$225 – Female Team Only

**PLEASE MAKE CHECKS PAYABLE TO:  
WEST SENECA CENTRAL SCHOOL DISTRICT**

**SEND TO:**  
**WEST SENECA CENTRAL SCHOOL**  
**ATHLETIC DEPARTMENT**  
**C/O MARYKAY BIDDLE**  
**1445 Center Street**  
**WEST SENECA, NY 14224**

\_\_\_\_\_ MEN'S COACH  
Signature

\_\_\_\_\_ WOMEN'S COACH  
Signature

\_\_\_\_\_ ATHLETIC DIRECTOR/PRINCIPAL  
Signature