

Robert Wainman Memorial 9th/10th Grade Track Meet

Friday April 14th, 2023, at 4:30pm

Location: Iroquois Sports Complex – Brand new 8 lane track and facilities

Entry Fees: \$175 for girls & boys teams

\$100 for one team

Please email your intent to participate by March 17th.

Checks made payable to **Iroquois Track Boosters**.

Please send checks to:

*Iroquois Central School District
Department of Athletics
Attn: Iroquois Track Boosters
P.O. 32
Elma, NY 14059*

Entries: 3 per individual event, 2 relays per event

Each team will be allowed 3 entries per individual event and 2 relays. Entries will be done through MileSplit. A link for entries and directions will be emailed out after March 17th.

Awards: Ribbons will be given to finishers 1st through 6th in each event.

Concessions: Food and refreshments will be available for sale by the Iroquois Track Boosters.

Order of Track Events:

4x800 G/B

100 HURDLES

110 HURDLES

100 METER G/B

1500 METER

1600 METER

400 METER G/B

400 HURDLES G/B

800 METER G/B

200 METER G/B

3200 METER G/B

4X400 G/B

4X100 G/B

FIELD EVENTS:

Long Jump: 1 hour open pit for G/B at the same time. 3 jumps, 4:30 start.

Triple Jump: 1 hour open pit for G/B at the same time. 3 jumps, follows Long Jump.

High Jump: G/B Opening height will be determined by entries.

Pole Vault: G/B Opening height will be determined by entries

Shot: G/B

Discus: B/G