

# PEMBROKE DRAGON XC INVITATIONAL



SATURDAY, OCTOBER 13<sup>TH</sup>, 2018 @ 10:00AM

Welcome to the 24<sup>th</sup> annual Pembroke Dragon XC Invitational. Last year was our biggest turnout of teams, so this year we will be capping the number of teams at 20. New this year: Nenno Timing will be timing the races this year. More individual awards!

**Where?** Pembroke Town Park located next to Pembroke Jr./Sr. High School on Route 77 just south of Route 5. We are 5 miles east of Akron and 13 miles west of Batavia. Take NYS Thruway to exit 48A and go south ½ mile. Drop off and Bus parking is at high school. Cars can park at the Town Park (just south of the school on Route 77).

**Races** There will be 6 races held this year. We usually attract a nice variety of large and small schools from Section V and VI that will compete as a mixed invitational.

**Course** This is a challenging one-loop course which features 2 big hills and a long, rolling trail run. The course provides a good tune-up for Sectionals and States. Spikes are recommended. Coaches love this course!

**Scoring** Both boys and girls varsity races will score the top 5 runners. Tiebreaker will be the place of the #6 runner. Enter top 7 runners only for varsity races. There will be no team scoring for modified or JV races. Full varsity results will be posted on [www.section6runs.com](http://www.section6runs.com) and [www.tullyrunners.com](http://www.tullyrunners.com) websites.

**Awards** Varsity races: the top 3 teams will receive a trophy, race winners will receive a trophy; 1st–20<sup>th</sup> finishers receive a medal.

JV races: Top 20 receive a ribbon

Modified races: Top 10 receive medals, 11-25 receive ribbons

**Facilities** The Town Park has shelters, bathrooms and Port-O-Potties.

Questions? Call Mike Hoffman (716)491-5834 email: [mhoffman@pembrokecsd.org](mailto:mhoffman@pembrokecsd.org)

## **PEMBROKE XC INVITATIONAL SCHEDULE**

10:00am Modified Boys  
10:20am Modified Girls  
10:40am Varsity Boys  
11:10am JV Boys  
11:40am Varsity Girls  
12:10pm JV Girls  
Awards ASAP (@ large Pavilion)

Fill out the form below and return to:  
Michael Hoffman  
Varsity Cross Country Coach  
Pembroke Junior/Senior High School  
PO Box 308  
Corfu, NY 14036

Make checks or forms payable to **Pembroke Cross Country**

We hope you will be able to join us on Oct. 13<sup>th</sup>. Your prompt response is greatly appreciated. Please confirm ASAP, if you plan to attend.

Complete and return payment by Oct. 1<sup>st</sup>, 2018

School \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Coach name \_\_\_\_\_ email \_\_\_\_\_

Coach name \_\_\_\_\_ email \_\_\_\_\_

School phone \_\_\_\_\_

Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_

	<u>Number of runners</u>	Total cost \$ _____
Modified Boys	_____	\$50 per race entered as a team \$10 per individual
Modified Girls	_____	\$100 total package
Varsity Boys	_____	
Varsity Girls	_____	
JV Boys	_____	
JV Girls	_____	