



Relays

- Date:** Saturday, April 29th, 2023
- Place:** Scarry Athletic Complex (Track)
- Time:** Meet will start promptly at 10:00 am. (Open Pits will start for LJ at 9:45)
- Coaches will meet at 9:30 am
- Entries:** Athletes may compete in 4 events.
Only 1 relay team entry per event.
Unlimited entry in the novice shot and discus events
Please submit entries to: Milesplit - <https://ny.milesplit.com/>
The Entry Deadline is Thursday, April 27th, 2023.
Only drops the day of the meet, no adds.
- Entry Fee:** \$200.00 per school, \$150 for a boys-only or girls-only entry.
Payment mailed by April 21st, 2022 to: **Moravia Track Club**
Moravia Central School
% Todd Mulvaney
68 South Main Street
PO Box 1189
Moravia, NY 13118
- Scoring:** 10-8-6-4-2-1 for track relays
6-5-4-3-2-1 for field relays
- Awards:** Pins to top 6 finishers in each event and trophy for first place overall team.
- Facilities:** 6-lane all-weather track
2 horizontal jumping areas with all-weather
Surface runways. High jump and pole vault areas with all-weather surfaces
Shot put and discus area with concrete throwing areas
Starting blocks will be provided. You may bring your own.

Rules: Spikes will be permitted. **No spikes are allowed in the building.** The competition areas. FAT will be used. Concession will be available.

Please contact Athletic Director Todd Mulvaney if you have any questions via email at tmulvaney@moraviaschool.org, or Coach John Owen via email at jowen@moraviaschool.org or 315-497-2670.

Track Events

1	6400 Relay	Girls	Final
2	6400 Relay	Boys	Final
3	Shuttle Hurdles	Girls	Timed Final
4	Shuttle Hurdles	Boys	Timed Final
5	Sprint Medley Relay 400-200-200-800	Girls	Timed Final
6	Sprint Medley Relay 400-200-200-800	Boys	Timed Final
7	400 Relay	Girls	Semis
8	400 Relay	Boys	Semis
9	Distance Medley Relay 800-400-1200-1600	Girls	Final
10	Distance Medley Relay 800-400-1200-1600	Boys	Final
11	Freshman/ Sophomore Sprint Medley 400-200-200-800	Girls	Timed Final
12	Freshman/ Sophomore Sprint Medley 400-200-200-800	Boys	Timed Final
13	400 Relay	Girls	Final
14	400 Relay	Boys	Final
15	3200 Relays	Girls	Final
16	3200 Relays	Boys	Final
17	800 Relay	Girls	Timed Final
18	800 Relay	Boys	Timed Final
19	Throwers Relay	Girls	Timed Final
20	Throwers Relay	Boys	Timed Final
21	1600 Relay	Girls	Timed Final
22	1600 Relay	Boys	Timed Final

Field Events

Shot Put	Girls, then Boys	Final
Discus	Boys, then Girls	Final
High Jump	Girls, then Boys	Final
Pole Vault	Girls, then Boys come in	Timed Final
Long Jump	Girls & Boys	Open Pit - 9:45 - 11:45
Triple Jump	Girls & Boys	Open Pit - 12:15 - 2:15