

MASSAPEQUA CHIEF INVITATIONAL



FRIDAY MAY 12th, 2023

Held at Berner Middle School Track Complex

Please contact the following coaches with any questions or concerns:

Rich Degnan: mbundr8029@aol.com 516-458-6110

Mike Dellicurti: MDellicurti@msd.k12.ny.us 516-695-5076

Berner Middle School
50 Carman Mill Road
Massapequa NY 11758

Time: 4:30 PM-10:30 PM

Clerking: Begins at 4:30 pm

FULLY AUTOMATIC TIMING

Please enter on MileSplit-NY (<https://ny.milesplit.com>) by 11pm Wednesday May 10th, 2023.

- Accepted Invitational athletes and alternates will be posted on MileSplit-NY Thursday May 11th.
- Three-event limit: An athlete may compete in two open events, and one relay.
- Due to the late starting time, we will need to limit entries to 4 per running event.
- The Long Jump, Triple Jump, Shot and Discus will be limited to the top 20 entries in each event.

Awards: Medals will be given to the top five finishers in all finals including FR/SO relays and Class events.

Equipment: Spikes ¼ in length can be worn on all runways and the track. Please supply your own relay batons.

Event Information:

- The high jump will start at 4'6" for girls and 5'6" for boys.
- One pit will be used in the long and triple jump.
- There will be a minimum measurement standard see below.
- The Mile Medley after the top three seeded heats will run as 800-200-200-400.
- Only two relay teams per school plus 1 Frosh Soph Combined SMR TSMR.

Food/Souvenir Shirts: Will be on sale the day of the meet.

Please support the Massapequa Track & Field Booster Club.

Entry Fees: This is an entry fee not a participation fee.

Section VIII teams: \$200.00 boys / \$200.00 girls team or \$380 combined team.

Officials will be split between Section VIII schools and billed through BOCES.

Non - Section VIII teams: \$225.00 boys / \$225.00 girls team or \$425 combined team.

Drop off and bus parking: Buses will drop off by the track and follow the security guards instructions to park on Carman's Road or behind Berner Middle School.

Team Tents: No team tents will be allowed on the turf field on the south side of the track. Please only put team tents on the East Side of the Track on the grass areas.



MASSAPEQUA CHIEF INVITATIONAL
"Under the Lights"

FRIDAY MAY 12th, 2023
Berner Middle School

****This form must be submitted to enter our meet****



School: _____

AD & Phone Number: _____

PLEASE CIRCLE ALL THAT APPLY: This is an entry fee not a participation fee.
CASH WILL NOT BE ACCEPTED.

Section VIII teams

BOYS	GIRLS	COMBINED
\$200	\$200	\$380

Non - Section VIII teams

BOYS	GIRLS	COMBINED
\$225	\$225	\$425

Boys Coach: _____

Phone: _____ Email: _____

Asst. Coach: _____

Approximate # of athletes: Runners _____ Jumpers _____ Throwers _____

Girls Coach: _____

Phone: _____ e-mail: _____

Asst. Coach: _____

Approximate # of athletes: Runners _____ Jumpers _____ Throwers _____

Send Entry to: Massapequa High School
C/O Shannon McEntee
4925 Merrick Road
Massapequa, NY 11758

****School fax number: 516-308-5089**

Make checks or PO's payable to: Massapequa High School

Entries Due: MAY 10th, 2023

**MASSAPEQUA CHIEF INVITATIONAL
FRIDAY MAY 12TH, 2023
Berner Middle School**

ORDER OF EVENTS

RUNNING EVENTS START AT 4:30 PM

**BOYS SHUTTLE HURDLE RELAY (4 HURDLERS)
GIRLS SHUTTLE HURDLE RELAY (4 HURDLERS)
BOYS 2000-meter Steeplechase (National Qualifier Event)
GIRLS 2000-meter Steeplechase
BOYS MILE MEDLEY 200-200-400-800 (2 team limit per school)
GIRLS MILE MEDLEY 200-200-400-800 (2 team limit per school)
BOYS CLASS 1600 (4 athletes per school)
GIRLS CLASS 1500 (4 athletes per school)
BOYS CLASS 200 METER (4 athletes per school)
GIRLS CLASS 200 METER (4 athletes per school)
BOYS CHAMPIONSHIP 400M HURDLES (TOP 18 ENTRIES ACCEPTED)
GIRLS CHAMPIONSHIP 400M HURDLES (TOP 18 ENTRIES ACCEPTED)
BOYS 100M DASH TRIALS (4 athletes per school) (TOP 18 SEEDED)
Seeded section winner of each heat make it to final plus next two fastest
GIRLS 100M DASH TRIALS (4 athletes per school) (TOP 18 SEEDED)
Seeded section winner of each heat make it to final plus next two fastest**

CHAMPIONSHIP EVENTS WILL START AT 7:00 pm

**BOYS CHAMPIONSHIP Mile (Race song -Born to Run) (TOP TWELVE ENTRIES)
GIRLS CHAMPIONSHIP 1500 (Race song- American Girl) (TOP TWELVE ENTRIES)
BOYS CHAMPIONSHIP 100 METER FINAL
GIRLS CHAMPIONSHIP 100 METER FINAL
BOYS CHAMPIONSHIP 400M DASH (TOP TWELVE ENTRIES)
GIRLS CHAMPIONSHIP 400M DASH (TOP TWELVE ENTRIES)
BOYS 200 METER DASH FINAL (TOP TWELVE ENTRIES)
GIRLS 200 METER DASH FINAL (TOP TWELVE ENTRIES)
BOYS CHAMPIONSHIP 800M RUN (TOP TWELVE ENTRIES)
GIRLS CHAMPIONSHIP 800M RUN (TOP TWELVE ENTRIES)
BOYS TEXAS SPRINT MEDLEY 100-100-200-400
GIRLS TEXAS SPRINT MEDLEY 100-100-200-400**

**BOYS CLASS 400M DASH (4 athletes per school)
GIRLS CLASS 400M DASH (4 athletes per school)
BOYS CLASS 800M RUN (4 athletes per school)
GIRLS CLASS 800M RUN (4 athletes per school)**

Entries Due: MAY 10th, 2023

FIELD EVENTS START AT 4:30 PM → CHECK IN AT 4:15PM

FIELD EVENT will be pre-seeded.

****ALL FIELD EVENT COMPETITORS MUST CHECK IN AT THE START OF THE MEET****

- 4:45 PM GIRLS SHOT PUT CHAMPIONSHIP (Top 20 entries)-Top 6 to finals - 3 additional throws**
- 4:45 PM BOYS DISCUS CHAMPIONSHIP (Top 20 entries)- Top 6 to finals for 3 additional throws**
- 6:30 PM GIRLS DISCUS CHAMPIONSHIP (Top 20 entries)- Top 6 to finals for 3 additional throws**
- 6:30 PM BOYS SHOT PUT CHAMPIONSHIP (Top 20 entries)- Top 6 to finals for 3 additional throws**
- 4:45 PM GIRLS HIGH JUMP Opening Height 4'6" (Top 18)
FOLLOWED BY BOYS HIGH JUMP Opening height 5'6" (TOP 18)**
- 4:45 PM BOYS AND GIRLS POLE VAULT
GIRLS CHAMPIONSHIP POLE VAULT (Top 15 entries) will open at 7'9" then 8'3" and go up in 6' increments thereafter.

FOLLOWED BY BOYS CHAMPIONSHIP POLE VAULT (Top 15 entries) will open at 10'3" and go up in 6" increments.**
- 4:45 PM BOYS LONG JUMP CHAMPIONSHIP (Top 20 entries)- 3 jumps, Top 6 make finals
FOLLOWED BY GIRLS LONG JUMP CHAMPIONSHIP (Top 24 entries) 3 jumps, Top 6 into the finals for 3 additional jumps.**
- 7:15 PM BOYS TRIPLE JUMP CHAMPIONSHIP- (Top 20 entries) 3 jumps Top 5 to finals.
FOLLOWED BY GIRL'S TRIPLE JUMP CHAMPIONSHIP – (Top 20 entries) 3 jumps Top 5 to finals.**