

# KNOX Invitational

**Friday August 31<sup>st</sup>, 2018**

## **Knox Park (East Aurora, New York)**

We hope you can join us for our opening meet to give athletes the opportunity to ease into their Cross Country racing season on our 4k- 2.5 mile course. The course has been designed with a mix of open field and trail which is very coach and spectator friendly. We hope to see you on the 31<sup>st</sup>. Please note that the races begin at 5:00 PM.

### **2.5 Mile - 4 Kilometer Course**

*(The Polo Field at Historical Knox Park is located just west of the village of East Aurora on Knox Road between Gray Street and Gypse Lane, \*not the Buffalo Road Entrance.)*

*This is one of the most scenic, spectator friendly courses in Western New York.*

#### **RACE SCHEDULE**

5:00 PM – Junior Varsity Girls (Unlimited Entries) \_\_\_\_\_

5:30 PM – Junior Varsity Boys (Unlimited Entries) \_\_\_\_\_

6:00 PM – Varsity Girls (Limit Top 10 Athletes) \_\_\_\_\_

6:30 PM – Varsity Boys (Limit Top 10 Athletes) \_\_\_\_\_

Coaches: Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Please send this form or email your intent to participate so we can account for all participating teams

**Walt McLaughlin**  
[Wmclaughlin@eak12.org](mailto:Wmclaughlin@eak12.org)

(716) 829-9282

Participation and Entry Deadline is **Wednesday, August 29, 2018**

**Entries must be made through [Yentiming.com](http://Yentiming.com)**

## **Knox Invitational Entry Fees:**

- **\$125 for both Boys and Girls Teams (JV and Varsity Included).**
- **\$90 for either Boys or Girls Teams (JV and Varsity Included).**
- **\$25 per JV/Varsity Individual ((3 Runners or less).**

### **Send Payment to:**

**Knox Invitational C/O Walt McLaughlin**

East Aurora Middle School

430 Main Street

East Aurora, NY 14052

- Make Checks payable to: **Knox Invitational c/o Walt McLaughlin**
- **Awards:** Will be given out asap after each race.
- **Entries/Scoring:** We will be using Chip Timing.  
All entries must be done through Yentiming.com.  
Please select/create a school/team and follow the entry procedures as directed.
- **Participant numbers and chips will be pre-assigned and must be worn accordingly.**
- **Results** will be posted at: [www.section6runs.com](http://www.section6runs.com), [www.tullyrunners.com](http://www.tullyrunners.com)
- **Concession Stand:** We will have t-shirts, food, drink, and snacks available.

**Directions:** (The meet location is on Knox Road, not the barn side on Buffalo Road).

From the North: Take Rt. 400 South, Right Turn on Maple Street, Right Turn on Girard Ave, Left Turn on Buffalo Road (Rt. 16 South), Right Turn on Gray Street (Prior to the gas station entering the circle), Quick Right Turn on Knox Road. Parking is about ½ mile on your left.

From the South or East: 20A to the circle next to the McDonald's, go around the circle and turn left on to Gray Street just past the gas station, Quick Right Turn on Knox Road, Parking is about ½ mile on your left.

\*Main Parking will be at the East End (closer to the village) of the Knox Park Soccer Fields on Knox Road.

\*Handicap Parking will be at the West-Equestrian End near the Start/Finish Areas.

**Thank you and the best of luck this season.**

**Coach McLaughlin**