



2023 Jamestown Track & Field Classic Hosted by Jamestown High School

Date: Saturday, May 13, 2023

Time: 10:00 AM (Steeplechase and Pole Vault @ 10:15 AM)

Site: Strider Field in Jamestown (195 Martin Rd., Jamestown, NY 14701)

Registration: Please send an email (steve.p.sipior@jpsny.org) to let us know of your intentions of attending our meet. We will close enrollment once we reach capacity of 20 schools. This will be handled on a first come, first serve basis.

Entry Fee: \$125.00 per team \$225.00 for both boys and girls
\$15.00 per individual athlete up to the \$125.00 team fee

Payment: Checks are payable to: ***Jamestown Track Boosters***
Mail Payment to: Jamestown Track Classic
Jamestown High School
Department of Athletics
350 East Second Street
Jamestown, NY 14701

Entries: **Entries will open on Wednesday, May3, 2023**
Entries CLOSE on Thursday, May 11, 2023 at 9:00 PM
All entries will be done on-line through: ny.milesplit.com
2 entries per individual event
1 entry per relay

Awards: Awards shall be given to the top 3 finishers in each event, including relays.
A plaque shall be presented to the winners (male/female) of the Jason DeJoy Memorial Mile, and the Ron Graham Memorial 100/110 Hurdles.
Team trophies shall be presented to the top three teams (team scoring: 10-8-6-4-2-1).
MVP trophies shall be presented at the conclusion of the meet.

Facility & Meet Rules:

- The meet will be run under the N.Y.S.P.H.S.A.A. rules.
- The track will be open for warm-ups until 9:45 AM. After that time, all warm-ups must be done outside the track.
- Maximum spike length is ¼ inch pyramids. No Christmas tree spikes.
- Please have pole vault certification cards ready for all vault entries.
- No food or drink, other than water, is allowed on the field. A concessions stand will be open.

Results: Complete results will be posted on ny.milesplit.com



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Order of Events:

The track will close at 9:45 for all warm-ups.

First call for the 3000M/2000M Steeplechase and field events will be at 10:00 AM.

Track and field events will begin at 10:15.

Track Event Schedule:

10:15 AM	3000 Meter Steeplechase Timed Final (B)	
	2000 Meter Steeplechase Timed Final (G)	
	100 Meter Hurdles Timed Final (G)	<i>Ron Graham Memorial Race</i>
	110 Meter Hurdles Timed Final (B)	<i>Ron Graham Memorial Race</i>
	3200 Meter Relay Timed Final (G)	
	3200 Meter Relay Timed Final (B)	
	100 Meter Dash Timed Final (G)	
	100 Meter Dash Timed Final (B)	
	1500 Meter Run Timed Final (G)	<i>Jason DeJoy Memorial Race</i>
	1600 Meter Run Timed Final (G)	<i>Jason DeJoy Memorial Race</i>
	400 Meter Dash Timed Final (G)	
	400 Meter Dash Timed Final (B)	
	400 Meter Hurdles Timed Final (G)	
	400 Meter Hurdles Timed Final (B)	
	800 Meter Run Timed Final (G)	
	800 Meter Run Timed Final (B)	
	200 Meter Dash Timed Final (G)	
	200 Meter Dash Timed Final (B)	
	3000 Meter Run Timed Final (G)	
	3200 Meter Run Timed Final (B)	
	400 Meter Relay Timed Final (G)	
	400 Meter Relay Timed Final (B)	
	1600 Meter Relay Timed Final (G)	
	1600 Meter Relay Timed Final (B)	

Field Event Schedule:

10:15 AM	Boys' Pole Vault followed by Girls' Pole Vault	
	Boys' Pole Vault Starting Height 8' 0" up 6" to 12' 0" then up 3" (5-Alive Format)	
	Girls' Pole Vault Starting Height 6' 6" up 6" to 9' 0" then up 3" (5-Alive Format)	
10:15 AM	All other field events will begin as follows:	
	Girls' Discus followed by Boys' Discus	3 attempts in preliminaries; 3 attempts in Finals
	Boys' Shot Put followed by Girls' Shot Put	3 attempts in preliminaries; 3 attempts in Finals
	Boys' & Girls' Long Jump followed by Triple Jump	3 attempts in preliminaries; 3 attempts in Finals
	Girls' High Jump followed by Boys' High Jump	
	Girls' High Jump Starting Height 4' 0" up 2" to 5' 0" then up 1" (5-Alive Format)	
	Boys' High Jump Starting Height 5' 0" up 2" to 6' 0" then up 1" (5-Alive Format)	