

THE 2023  **50<sup>TH</sup>** GALWAY CROSS COUNTRY

**INVITATIONAL AT GALWAY HIGH SCHOOL, SATURDAY, 9/23/23**

**This year's Galway XC Invy will be held at Galway High School.**

Time Schedule:

<u>Race</u>	<u>Start Time</u>	<u>Distance</u>
1. Girls Modified (unlimited entry)	9:00am	1.6 miles
2. Boys Modified (unlimited entry)	9:20am	1.6 miles
3. *1.6m Coed High School Open Run (unlimited entry)	9:40am	1.6 miles
4. Varsity Girls (unlimited entry)	10:00am	3 Miles
5. Varsity Boys (Limited entry, 7 Runners)	10:30am	3 Miles
6. JV Boys (unlimited entry)	11:00am	3 Miles

**\*For race #3 split chute/finish line –ladies to the left, boys to the right**

Awards:

- Special 50<sup>th</sup> Galway Invy Awards will be given
- Individual medals 1-25, individual awards given in the chute
- All races except for (3. High School Open) have team place ribbons for your top 7 runners for team places 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>. Team awards will be given at the conclusion of each race once the results are posted.

Course:

- Varsity Course-Starts with a very large start line, has two loops which contain two separate wooded trails with small hills and flatter grassy runs.
- Modified Course-Starts with a very large start line, is one loop with two wooded trails and small hills.

Facilities:

- There is an abundance of on-site parking and bathrooms, tee shirts and refreshments will be sold.

Registration:

- **Registration will be through NY Mile Split and close on Wednesday, 9/20/21**

Payment:

- **Send your check along with the entry form to the address indicated on the entry form on page 2.**

Course Map on page 3

Adjustments:

- **Any adjustments to the course or schedule will be the sole decision of the meet director and will not be made unless absolutely necessary**

**If you want to secure your spot you can email or fax this form to me and send the check later. Or send an email: subject Galway Invy with your school name and which genders/levels are running, to: gamalisz@galwaycsd.org**

Fill out and mail to the address below:

Your School: \_\_\_\_\_ School District \_\_\_\_\_

Your High School Name if different than your school district \_\_\_\_\_

Coed \$150\_\_ (covers all races and all genders)

Boys Only \$100\_\_ Girls Only \$100\_\_ Modified Only \$100\_\_ (covers boys and girls) [check one]

or individual runners that don't make up a team of at least 5 runners of the same gender, \$16 per runner.  
For example: if you have a girls' team of 5 or more but only 2 boys, you can pay  $\$100 + \$32 = \$132$  or if you have only 3 boys and 2 girls  $= 5 \times \$16 = \$80$

Individual Runners: Boys \_\_\_\_ (x)\$16= \_\_ Girls \_\_\_\_ (x)\$16= \_\_ Grand Total \_\_\_\_\_

**IF YOUR PAYMENT IS NOT RECEIVED BY OCTOBER 30<sup>th</sup>, 2023 A LATE FEE OF \$25.00 MUST BE INCLUDED.**

**If you submit a voucher make sure it is clear who it is from and where it has to be returned to!**

**No refunds or adjustments, if in the rare event the meet is cancelled due to unforeseen circumstances, all teams will receive a full credit for an entry for the following year.**

Make check or voucher out to the: **Galway Track & XC Booster Club**

Coach \_\_\_\_\_ email \_\_\_\_\_

Home# \_\_\_\_\_ School# \_\_\_\_\_

**Mail, email or fax to:**

Geoff Maliszewski (XC coach)

Galway Central School

Galway, NY 12074

Fax 518-882-5250 (label: Attn. Geoff Mal.)

gamalisz@galwaycsd.org (subject: Galway Invy)

# Varsity Course 2 Laps (2nd lap, no woods)

Galway High School 5317 Sacandaga Rd, Galway, NY 12074 (route 147)

