

40th Annual Newark Valley / Bob Greene Cross-Country Invitational

Newark Valley High School

68 Wilson Creek Road

Friday, October 06, 2023

Intent to enter is Needed by Friday September 15th

The Newark Valley Cross-Country program invites you to join us for the 40th Annual Newark Valley / Bob Greene Cross-Country **Invitational**, sponsored by the Newark Valley Varsity Club. The meet will be held on Friday afternoon/evening. The 3.1 mile (5K) Varsity and the 1.5 mile (2,420 meters) Junior High (Modified) courses are well-groomed and have wide avenues for running. The course layout permits extensive spectator viewing while virtually eliminating the need for spectators to cross the course to watch the runners. **We will accept a total of 25 Schools.**

Schedule:

	3:45	Coaches Meeting			
Race 1	4:00	Modified Boys	Race 4	5:10	Modified Girls
Race 2	4:15	Varsity Girls	Race 5	5:25	JV Boys
Race 3	4:45	Varsity Boys		6:00	Team Awards Ceremony

Limit of nine (9) runners per Varsity team, but no limit to the number of JV Boys or Modified runners. When responding with your intention to enter (see below), please indicate an approximate number of runners in each race. Note that you don't have to decide whether you want to enter 7, 8, or 9 runners in the Varsity races until the entries are submitted to Milesplit. Once submitted though, no changes or substitutions. No Varsity team may enter the JV race. Modified entries must be 7th & 8th graders.

Please let us know if you are planning on participating in this year's event by Friday, September 15th. **In addition to sending the 2nd page of this form to our AD, a quick reply email to me with your estimated numbers for each race really helps us with planning.** Thanks!

All entries are to be submitted on **Milesplit** on or before **Friday, September 29th by 8 PM.**

Awards:

Individuals: All individual Varsity, JV and awards will be handed out in the finish chute.

Varsity boys and Varsity girls races: Medals to top 10; T-shirts for top 10; Ribbons for places 11-35 boys / 11-35 girls

JV boys: Medals to top 5; T-shirts for top 10, Ribbons for places 6-35 boys

Modified boys and Modified girls races: Top 10 T-Shirts, ribbons 1-35

Teams: Plaques presented at the conclusion of the meet

The top-scoring Large School (Classes A and B) and the top-scoring Small School (Classes C and D) will determine team champions for all races. The second highest-scoring Large school and Small school finishers will earn the Runners-Up championship plaques for all races:

Varsity Boys and Girls races: Large School Division and Small School Division Champions and Runners-Up

JV Boys: Champions and Runners-Up

Modified Boys and Girls: Large School Division and Small School Division champions and Runners-Up

Fee: \$75 per race
\$20 per individual runner (Varsity, J.V., or Modified).
Maximum amount \$200 per school.

- * Locker-room facilities are available in the High School. No Spikes may be worn in the building. Use only the designated areas.
Any runner caught wandering the building will be disqualified with their entire team.
- * The Cardinal Booster Club will be operating the Concession Stand for your and the spectators' convenience.
- * The Running Club will be selling t-shirts.
- * Buses will park in the front of the school in the diagonal slots in the front of the school. That area will accommodate 22 buses. Additional bus parking will be provided if needed. Please do not arrive prior to 2:40 as the HS needs to dismiss at 2:38.
- * Tents – tents may be set up in the grassy areas anywhere between the back of the High School and the Tennis Courts. This area was chosen because of its proximity to the Start and Finish lines. But, please no teams on the bleachers as this area is for spectators.

If you have questions, please feel free to contact Coach Eric D'Arcy at edarcy@nvcs.stier.org or at (607) 206-1054 or Coach Tracey D'Arcy at tdarcy@nvcs.stier.org or at (607) 761-5055

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Intention To Enter Form

(Please return only this page with payment or payment intentions to Scott Wandell – NV AD by Friday, September 15th)

Name of School _____

School Address _____

Coach(es) Name(s) _____

***Best phone number** _____

***Best phone number** _____

Email _____

Email _____

***In case there's an issue with your entries, a phone number at which you can be reached is critical.**

Yes, we plan on bringing the following estimated number of runners in each of the following races:

Varsity Boys (up to 9) _____

Varsity Girls (unlimited) _____

JV Boys (unlimited) _____

Modified Boys (unlimited) _____

Modified Girls (unlimited) _____

Fee: \$75 per race
\$20 per individual runner (Varsity, J.V., or Modified).
Maximum amount \$200 per school.

Please make your check payable to: Newark Valley Varsity Club, and mail it, along with this completed Intention to Enter Form, to:

**Scott Wandell - AD
Newark Valley High School
P.O. Box 547
68 Wilson Creek Rd.
Newark Valley, N.Y. 13811**

Note for IAC Schools:

Any IAC school entering any of the Newark Valley XC Invites can opt to have their AD notify Cindi Ford to transfer the entry fee from their schools' IAC account to Newark Valley's. Cindi will then write one check for all the participating IAC schools to the Newark Valley Varsity Club to cover their respective entry fees. Please have your Athletic Director notify Cindi and when you return this entry form to Scott Wandell, just state that payment will be made via an IAC transfer.

**Thank you and we hope to see you all here in Newark Valley on Friday, October 6th !
Eric D'Arcy - NV Varsity/JV Tracey D'Arcy NV Varsity/JV**