

# The 8th Annual Baldwinsville John Arcaro Co-Ed Classic

## Boys and Girls Track and Field Invitational @ Pelcher-Arcaro Stadium

Friday May 10th 2024

4:00 PM

**Entry Fee:** \$175 per one team  
 \$300 combined boys and girls entry from one school  
 \$35 per athlete (up to six athletes)

**Payable to:** Baldwinsville Harriers % Bill Spicer  
 29 E. Oneida Street  
 Baldwinsville, NY 13027

**Entry Info and Deadline:**

1. Coaches notify Bill Spicer via email at [wspicer@bville.org](mailto:wspicer@bville.org) intent to participate by **Monday, May 1st.**
2. All entries are to be done online via <http://ny.milesplit.com> (email Chad at [chad@leonotiming.com](mailto:chad@leonotiming.com) for help)
3. Entry deadline is **May 8th at 11:00pm.** Please make every effort to make entry changes before the day of the meet. **We will be capping this meet to the first 15 boys teams and 15 girls teams.**

**Scoring:** 10-8-6-4-2-1 for all events

**Timing:** F.A.T. by Leone Timing

**Awards:** Individual medals for 1st place and ribbons for places 2-6.

**Event Information:**

3:45 PM	Coaches Meeting (Scratches due at this time)	
4:00 PM	(G-B) Steeplechase	(F)
	(G-B) 4x800 Meter Relay	(F)
	(G-B) 400 Meter Hurdles	(F)
	(G-B) 100 Meter Dash	(F)
	(G-B) 100/110 Hurdles	(F)
	(G-B) 1500/1600 Meters	(F)
	(G-B) 400 Meters	(F)
	(G-B) 3000/3200 Meters	(F)
	(G-B) 800 Meters	(F)
	(G-B) 200 Meter Dash	(F)
	(G-B) 4x400 Meter Relay	(F)
	(G-B) 4x100 Meter Relay	(F)
	(G-B) 4x100 Meter Muscle Relay (must throw in meet)	(F)

\*\*\*\*4x100 Meter Muscle Relay is non-scoring and has a special award (not medals or ribbons).

**Entry Limits and Field Events:** Entries are limited to (2) individuals per event and (1) relay per team. Athletes can compete in a max of (4) events.

Session #1 (4:00 Start)	Girls	Boys	Session #2	Girls	Boys
	Long Jump	Long Jump	(completion of session #1)	Triple Jump	Triple Jump
	Shot Put	Discus		Discus	Shot Put
	Pole Vault	High Jump		High Jump	Pole Vault

**Note:** All field events get (3) attempts. Long and Triple Jump may be in flights (depends on entry numbers). Opening heights- HJ (G) 4'4" (B) 5'0" PV (G) 6'6" (B) 8'